



dr.honeyyanisa

Dr. Yanisa Niennattrakul

www.drhoneyyanisa.com



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Lecturer: Ratchasuda Institute, Faculty of Medicine Ramathibodi Hospital,
Mahidol University, Thailand

Media Experimentalist: Dr.honeyyanisa.com

Founder: SATISAANTI

EDUCATION

2017 – 2023 Ph.D. in Architecture, The University of Sheffield, United Kingdom

2014 – 2016 M.Arch, The University of Melbourne, Australia

2013 – 2014 M.A in History and Critical Thinking in Architecture, AA, United Kingdom

2008 – 2012 B.Sc. in Design and Architecture, Chulalongkorn University, Thailand

EXHIBITIONS / WORKSHOPS

(2024) Mango Art Festival 2024, River City Bangkok, Thailand

(2024) In Progress is Progress, LOU HIEB SENG, Bangkok

(2023) Healing Light Exhibition, Palette Artspace, Bangkok, Thailand

(2023) SENSE workshop, 98 Wireless, Bangkok, Thailand

(2023) SENSE workshop, SOHO House, Bangkok, Thailand

(2022) Rehabilitation by Design, Bangkok City City Gallery, Bangkok, Thailand

TALKS

(2024) Healing Light: Exploring Dementia Care through Art, Mango Art Festival 2024, Thailand

(2024) Innovative Ageing Solution, Younghappy, Thailand

(2024) Design Research Day, Bangkok Design Week 2024, Thailand

(2023) Design for Dementia Care, Healh at Home (on Youtube)

Bio

Dr. Yanisa Niennattrakul is a full-time lecturer, researcher and product entrepreneur for older people. The main goal is to design an environment for the coexistence of everyone in society. It began with a doctoral dissertation that studied the role of tool design in creating an environment conducive to caring for people with dementia. It shows that design can help individuals understand different experiences and senses such as sight, hearing, smell, taste, and touch and create positive experiences in human life. With the following sub-objectives:

- 1) Focusing on visual communication, art, and writing as tools for raising social awareness. About dementia in Thailand Including other sensory conditions. For example in the Healing Light (2023) exhibition, Bangkok Design Week 2024, and Mango Art Festival 2024
- 2) Using design as a sensory tool and apply it to everyday life to promote well-being and an appreciation of human dignity that can create a sense of physical and mental safety that has changed.
- 3) Learning and disseminating knowledge from experience through end users in order to develop and expand the design of the environment.

Contact info

Email : yanisa.nien@gmail.com

Facebook : facebook.com/dr.honeyyanisa

IG : [@dr.honeyyanisa](https://www.instagram.com/dr.honeyyanisa)

Healing Light Exhibition (2023)

This exhibition expresses the concept of light from two perspectives. In one sense, light and shadow can illuminate the thought process, fostering self-awareness of one's actions. Another perspective on light emphasises the significance of art and craft as tools for self-reflection and the healing process. Ultimately, the exhibition serves as an inspiration to overcome fear and marks the beginning of their journey of self-discovery.

The experimental work explores social structure, dementia, and my perspective on self-definition and societal organisation. In dementia care, recognising and respecting the changed identity of individuals leads to a more personalised understanding of identity. Individuals have specific self-images they wish to maintain. Roles are external attributes linked to social positions, while identity relates to internal self-perception. People strive to align their current attributes with their ideal self-image, maintaining societal status and customary roles.

Cyanotype, or sunprinting is used as a therapeutic process, involving context, time, and sunlight exposure, which is enjoyable and spontaneous, allowing for experimentation and no expectation. The exhibition focused on discussions about dementia and personal perspectives, with a specific emphasis on self-definition and societal constructs. Future research is required to understand the impact, to improve and the long-term awareness of innovative arts-based approaches in palliative care introduction in the context of Thailand.



29.11.23
- 6.12.23

Palette Artspace
3rd Floor

BTS Thong Lo Station Exit 2

Open everyday
7:30 am - 8:00 pm

FREE ENTRY

HEALING LIGHT

co-exhibition

Embroidering transparency

By Nicha Wiboonpote
(Next Year I Will...)

SatiSaanti:
The healing journey through dementia research

By Yanisa Niennattrakul, PhD

PALETTE
ARTSPACE

www.palettetokk.com
www.dhoneyyanisa.com
ig: dhoneyyanisa
ig: nextyearwill

Healing Light Exhibition, Palette Artspace, Bangkok, Thailand (2023)



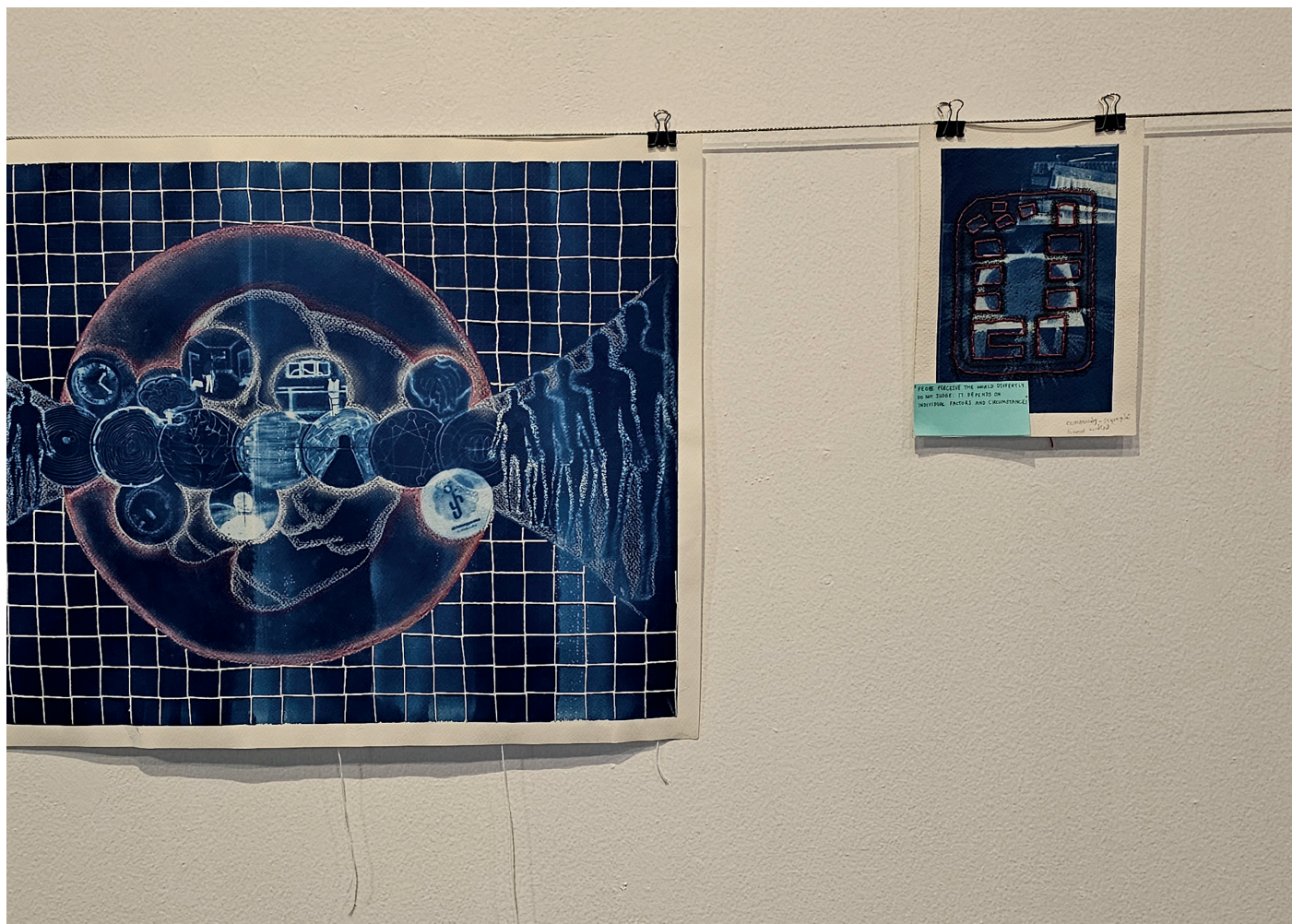
Healing Light Exhibition, Palette Artspace, Bangkok, Thailand (2023)



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Healing Light Exhibition, Palette Artspace, Bangkok, Thailand (2023)

Healing Light: The Healing Journey Through Dementia Research

Author: Dr. Yanisa Niennattrakul
Affiliation: Ratchasuda Institute,
Faculty of Medicine Ramathibodi
Hospital, Mahidol University,
Thailand

Abstract	Dementia, classified as an irreversible and progressive neurodegenerative disease by the World Health Organisation (WHO), poses the social stigma surrounding individuals with dementia is a pervasive worldwide issue, influenced by factors such as gender, age, education level, religiosity, cultural differences, and the severity of cognitive disorders. Palliative care is applicable for people with dementia. However, they are less likely to access due to lack of decisional capacity and proxy decision. Stigmatisation can lead to rejection, discrimination, and exclusion from various aspects of social life. Hence, there should be a social awareness regime in the context. The objective is to reflect the awareness raise in the context of Thailand (from the exhibition). Art-based approaches have the unique capacity to shift perceptions on ageing and dementia, overcome language.
Objectives	To reflect the awareness raise in the context of Thailand (from the exhibition). Art-based approaches have the unique capacity to shift perceptions on ageing and dementia, overcome language.
Methodology	Use healing light exhibition as the main case study for the exploratory study to reflect and explore the conversation and impact of art and awareness in the context of Thailand. Autoethnography is used as an approach to research and writing that seeks to describe and systematically analyze (graphy) personal experience (auto) in order to understand cultural experience (ethno).
Findings	The exhibition focused on discussions about dementia and personal perspectives, with a specific emphasis on self-definition and societal constructs. Emotional aspects and the therapeutic potential of art in dementia care design are often overlooked by designers and architects who predominantly focus on the physical aspects of dementia.
Conclusion	Future research is required to understand the impact, to improve and the long-term awareness of innovative arts-based approaches in palliative care introduction in the context of Thailand.

Emotional support and compassionate care within nursing homes are vital for promoting residents' happiness, mental health, and overall quality of life.

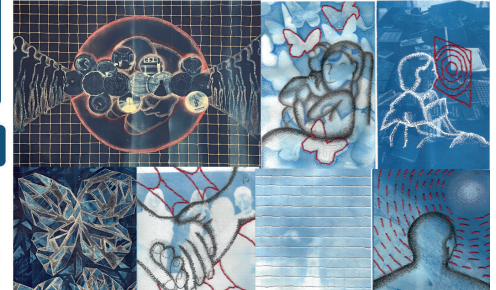
The relationship between myself and dementia research can be expressed through artwork.

In art therapy, cyanotype offers a tactile and visually engaging process that encourages self-expression and exploration of emotions.

Design Methodology and Processes



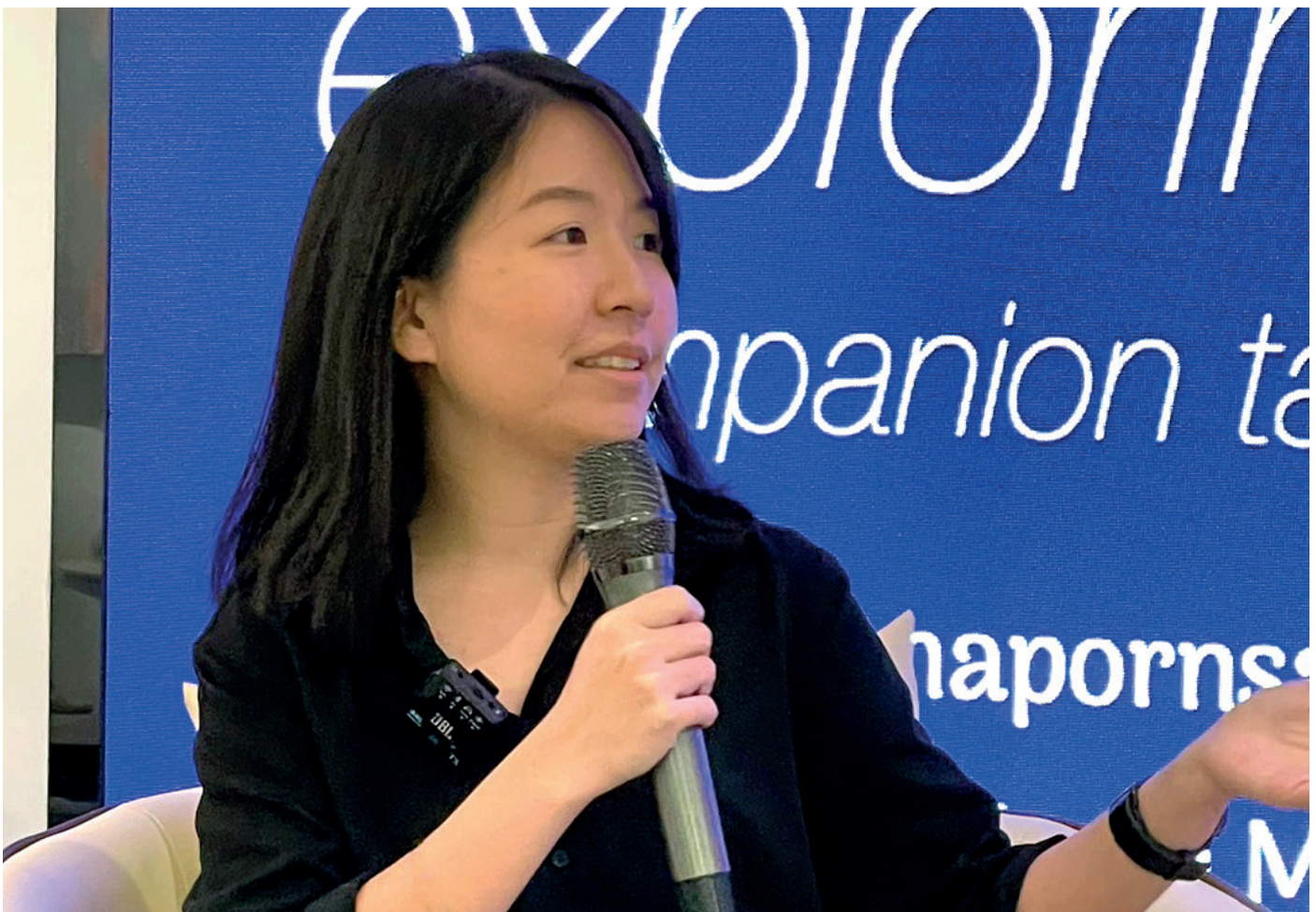
Examples of Artworks to raise awareness



The Arrangement of Healing Light Exhibition at Palette ArtSpace, Bangkok, Thailand



Poster for Alzheimer's Association International Conference (2023)



Talk about Healing Light Exhibition at Mango Art Festival (2023)

Bangkok Design Week 2024

Currently, the World Health Organisation (WHO) reports that there are more than 55 million people worldwide. Affected by dementia. The main symptom of dementia is the loss of recently acquired information. Divided into three stages, dementia prompts us to reflect on the selective nature of our memories. Essentially the prevalent idea of preserving every memory. It gives rise to interpretations of the changes. That is still a natural aspect of life.

Meanwhile the concept of change is discussed in connection with the urban planning scale, in architectural conservation and insight into care for people with dementia. This is evident in the cultural expectations that influence the care and support the state provides. They are most often prioritised based on the needs of the group. It emerges from negotiations between authorities and local communities, from setting strategies for those with less freedom. So that they still have power within these structures.

This research in search of answers used sunlight prints or cyanotypes, which are representative of architecture and the process of art therapy. It serves as a canvas for self-reflection using projection techniques. The project is divided into three main phases: developing negative images through critical mapping, training in cyanotype techniques, and working in the Tha Tian context to respond to change.



Bangkok Design Week 2024, Lou Hieb Seng, Bangkok, Thailand (2024)



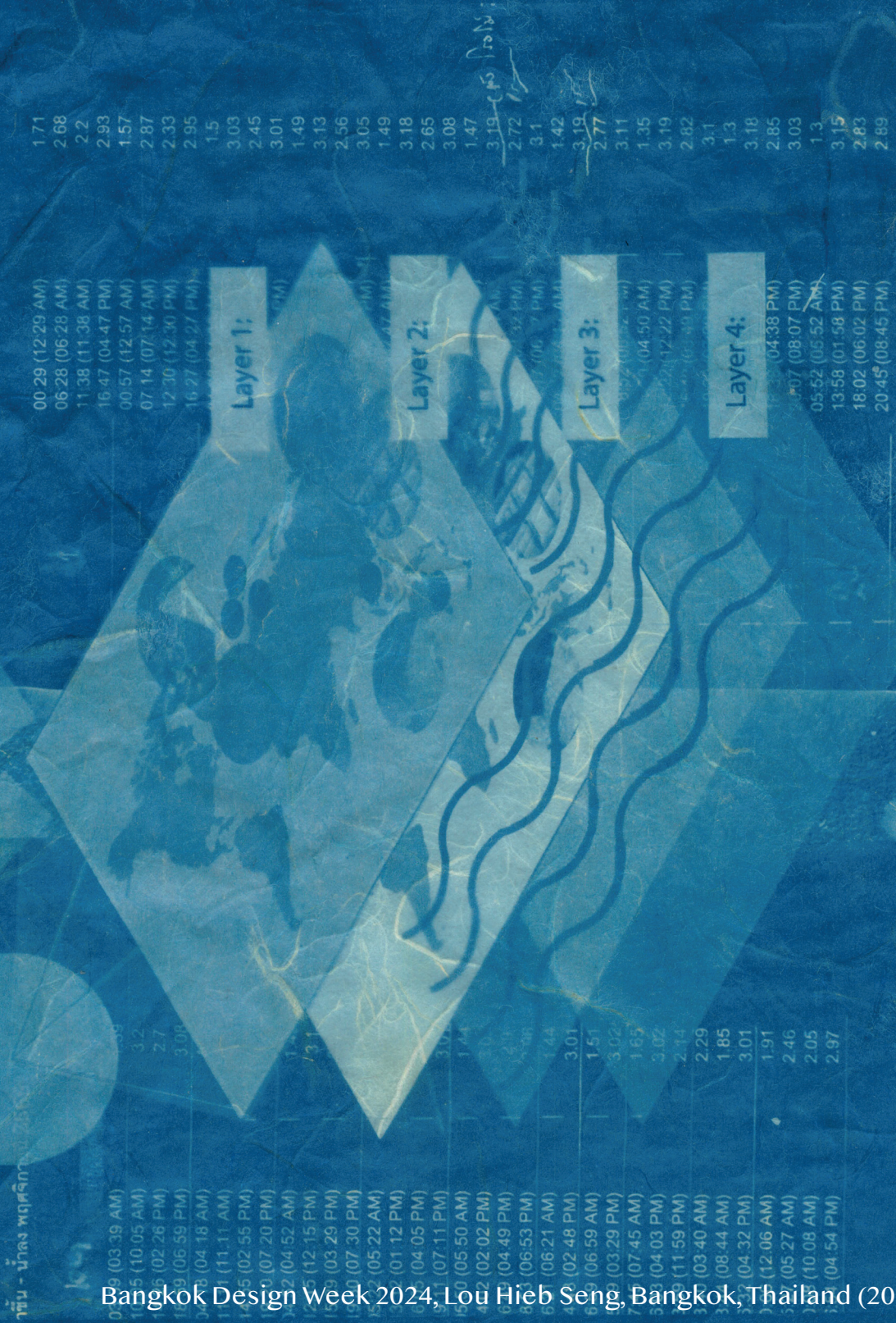
Bangkok Design Week 2024, Lou Hieb Seng, Bangkok, Thailand (2024)



Bangkok Design Week 2024, Lou Hieb Seng, Bangkok, Thailand (2024)

Figure 1: Exploring Life's Tapestry

Mapping and casting one's life can be likened to the creation of cyanotypes where life unfolds in layers of experiences and memories. In the intricate process of cyanotype printing, an image is formed by exposing a photosensitive surface to sunlight revealing a blueprint of the object or scene.



MANGO ART FESTIVAL 2024

The experimental work embarks on a research journey focused on dementia, disability, and design, investigating the intersection of art and science as demonstrated in the Healing Light (2023), In Progress Is Progress (2024), and Circle of Life (2024) collections. Through the use of “cyanotype” or sunprinting as a healing process, these collections employ this methodology to explore aspects of humanity and spirituality, imperfections, and the significance of present moments. Additionally, the artistic experiments promote collaboration among researchers, individuals, and diverse communities, aiming to serve as a catalyst for creating a meaningful conversational space.



Booth P28, Newcomer Zone, Mango Art Festival 2024, Bangkok, Thailand

SATISAANTI

SatiSaanti is dedicated to the development of dementia-friendly products through the utilisation of design research methods. Recognising the challenges faced by older individuals, particularly those living with dementia, in their daily lives, SatiSaanti aims to address the usability issues associated with existing products, some of which are specialised and may contribute to social segregation, fostering a sense of belonging and empowerment.



SATISAANTI's Memories Room Spray, Collaboration Project with Scent & Sense (2024)



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